

you have the right to: **RESPECT**

Express an opinion on any subject concerning you as an individual or citizen and be empowered by having that opinion fully considered .

Be helped to take a full and active part in everyday life, when such help is needed, if affected by disability.



Access to Information



Have access to information which helps you understand your education, health and social rights.

Have access to the information required to enable you to express well informed views, on matters which affect you

equality of opportunity

Receive and be shown respect, in relation to your gender, religious beliefs, ethnic or cultural background and natural language.

Leisure, rest and play, having opportunities to participate in a varied range of recreational pursuits.

A standard of living which ensures shelter, food, warmth and help to overcome poverty.

Enjoy as healthy a life as possible; physically environmentally and in terms of mental health

Grow up in an environment free of discrimination.

Be recognised as part of your community.

Have complete emphasis placed on your best interests when decisions are made on your behalf

Education which will fully aid development of required skills, self-esteem and personality teaching you about your rights and other's rights in preparation for citizenship and adult life.

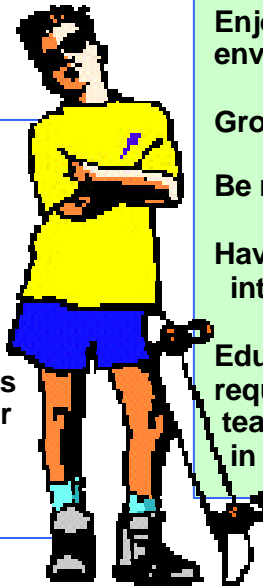
Feel Safe

Develop as an individual

Good basic care

Be safe at home and in the community;

Be protected from all forms of abuse, harm, neglect or exploitation



Live with your parents, who will have full responsibility for your upbringing, unless this is against your best interests

Have your education , training, employment and social needs all promoted equally, with a view to achieving the greatest possible level of independence and active involvement in the community



Receive proper care and attention within a substitute home with children's carers, or in appropriate residential accommodation, arranged by the Council, if unable to live with your family



The right to Independent Advocacy

